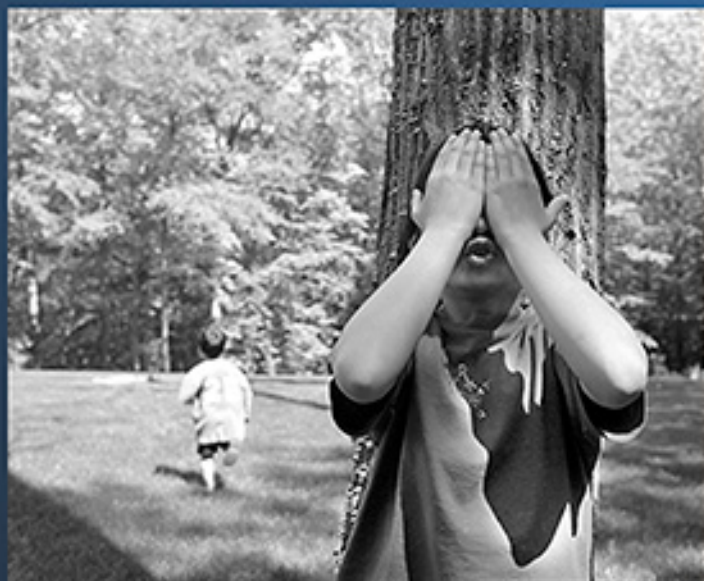


Analysis of Hide & Seek

by Laura Thompson



The game of hide & seek is played with multiple people & can be played inside & outside. The group of people pick one person as the "seeker" while the rest of the group hides in a different hiding place. Everyone agrees upon a time limit & a set of parameters for hiding. The seeker covers their eyes & counts to the appropriate time while the rest hide. After that, the seeker tries to find everyone. The object of the game is to be the last one found.

Hide & seek is a form of social play. Kids interact with one another & set up rules that everyone has to agree on before taking part. They have to search for one another which develops bonds between each other.

There are many benefits for children participating in hide & seek. This game teaches teamwork & cooperating in a group setting. This game also inspires kids to be independent. Children have the desire to be independent & on their own but are reassured by an absence that is only temporary. They turn the anxiety of being alone into a positive feeling of joy by participating in this game with others.

The main cost of hide & seek is time spent playing the game. When the game is played between kids, I see the benefits outweighing the cost of time. They're learning social skills & how to get along with each other. However, when played by adults, the lines get fuzzier. Adults (for the most part) have more developed social skills & don't need to practice them like kids do. The cost for adults playing hide & seek is time spent on a game that isn't helping to develop a new skill. When an adult & child play together though, they share the experience of exploring & being discovered.

Hide & seek is a game played across the world by kids & adults together. When children play it, they are participating in a positive form of play & learning a lot about working together, & about how to overcome the fears of being alone. When adults play, it's more for enjoyment, & not for evolutionary purposes. Hide & seek can be fun for kids & also beneficial to their brain's development.

Laura Thompson- Annotated Bibliography

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